

	LUNES	MARTES	MIÉRCOLES	JUEVES	VIERNES	SÁBADO	DOMINGO	
9:00								
9:15								
9:30								
9:45								
10:00								
10:15								
10:30								
10:45								
11:00								
11:15								
11:30	TAICHI						TAICHI	
11:45								
12:00								
12:15								
12:30	(90')						(90')	
12:45								
13:00								
13:15								
16:45								
17:00	JUDO	TAEKWONDO	JUDO	TAEKWONDO	ANIMACIÓN			
17:15		INFANTIL		INFANTIL	INFANTIL			
17:30								
17:45		(55')		(55')	(55')			
18:00	CAPOEIRA	TAEKWONDO	CAPOEIRA	TAEKWONDO	SINCRO			
18:15		1º a 3º PRIM		1º a 3º PRIM				
18:30								
18:45		(55')		(55')		(55')	(55')	
19:00	BRAZILIAN	TAEKWONDO	BRAZILIAN	TAEKWONDO	ANIMACIÓN			
19:15	BJJ	FEDERADO	BJJ	FEDERADO	MMA			
19:30						GRAPPPLIN		
19:45	(55')	(55')	(55')	(55')			(55')	
20:00	JIU JITSU	KRAV MAGA	JIU JITSU	KRAV MAGA				
20:15								
20:30		(55')		(55')	(55')			
20:45								
21:00	MMA			MMA				
21:15	GRAPPPLIN						GRAPPPLIN	
21:30								
21:45								
22:00								
22:15								
22:30								