

TATAMI



Polideportivo
San Agustín

HORA	LUNES	MARTES	MIÉRCOLES	JUEVES	VIERNES	SÁBADO	DOMINGO
10:30		BRAZILIAN JIU JITSU (90')		BRAZILIAN JIU JITSU (90')			
11:00	TAICHI (90')		TAICHI (90')				
17:00	JUDO (55')	TAEKWONDO 3-6 AÑOS (55')	JUDO (55')	TAEKWONDO 3-6 AÑOS (55')			
18:00	CAPOEIRA (55')	TAEKWONDO 7-9 AÑOS (55')	CAPOEIRA (55')	TAEKWONDO 7-9 AÑOS (55')			
19:00	BRAZILIAN JIU JITSU (55')	TAEKWONDO 10-14 AÑOS (55')	BRAZILIAN JIU JITSU (55')	TAEKWONDO 10-14 AÑOS (55')	NATACION SINCRO (30')		
20:00	JIU JITSU (55')	TAEKWONDO ADULTOS (55')	JIU JITSU (55')	TAEKWONDO ADULTOS (55')			
21:00	MMA (55')		MMA (55')				